

Department of Physical Education and Sports

International Yoga Day Report 2022-23

Maratha Vidya Prasarak Samaj's Karmaveer Raosaheb Thorat Arts and Commerce College jointly with the National Service Scheme and Physical Education Sports Department celebrated 21st June 2022 as International Yoga Day. At this time, the principal of the college, Dr. R. D. Darekar introduced the importance of yoga. In today's stressful life, exercise is essential for staying physically and mentally fit. He opined that yoga is useful for all round physical, mental and intellectual development. On this occasion, Director of Physical Education and Sports Ravindra Chavan demonstrated Yogasanas. The first prayers were mainly Vajrasana, Tadasana, Trikonasana, Padmahasthasana, Bhujangasana, Vrikshasana, Vakrasana, Makarasana, Shavasana Suryanamaskar, Pranayama, Dhyana Sankalp Prarthana. Demonstrated Yogasana. The importance of this program was demonstrated by the Central Government and State Government, Ministry of Sports and National Service Scheme under the Common Yoga Protocol from 14 May 2022 to 21 June 2022 with demonstrations of various yogasanas and guidance to the students. On this occasion, National Service Scheme Program Officer Dr. S. S. Prasad thanked for the event. At this time, Vice Principal Dr. Y. M. Salunke D. D. Walke, S.B. Gaikwad, all senior and junior college professors, non-teaching staff and students were present (38Total) on the occasion.

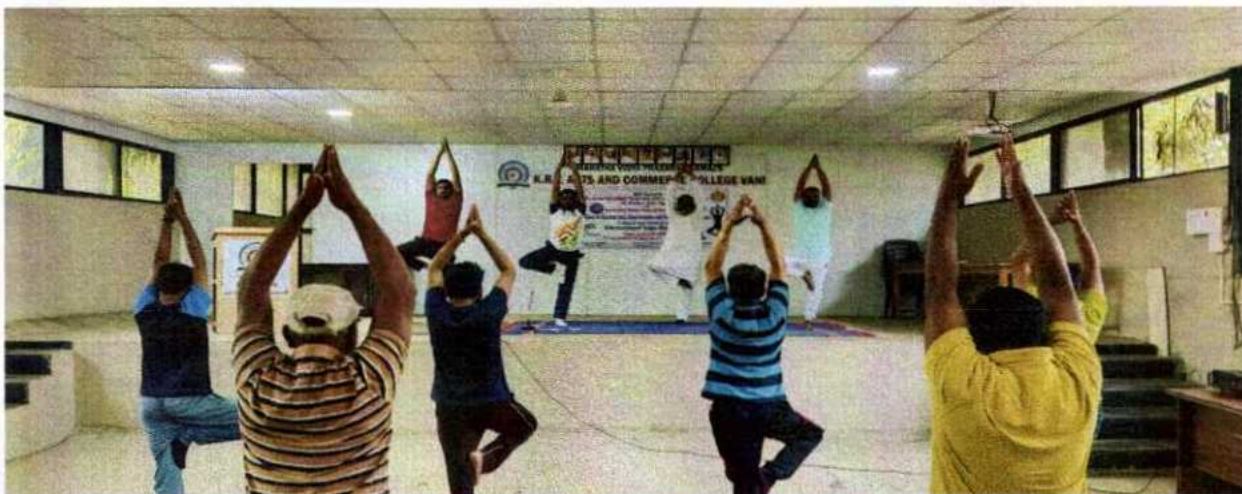


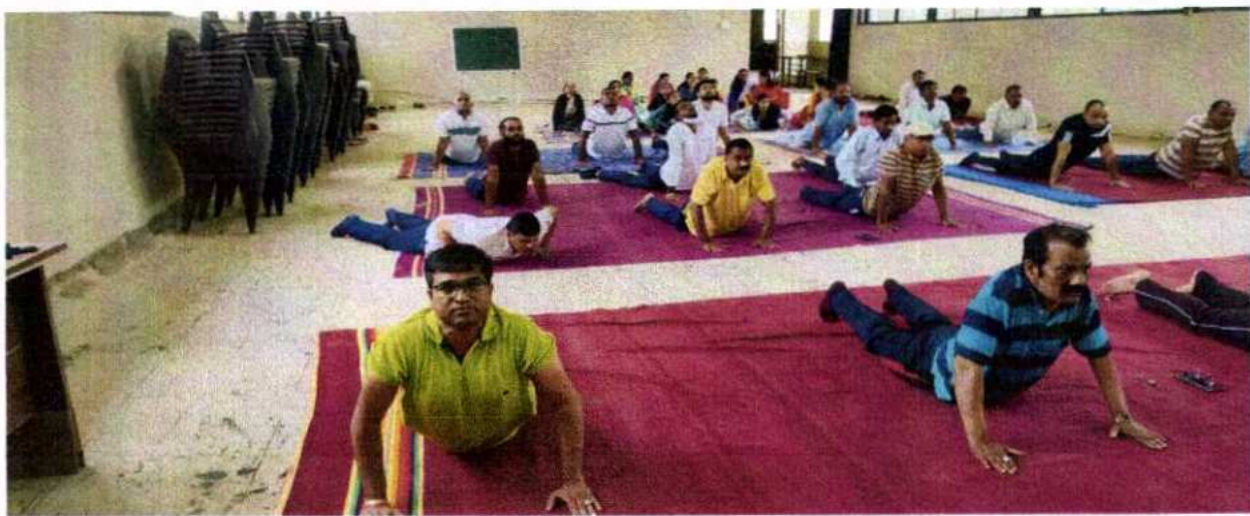
Prof. R. R. Chavan

Director of Physical Education and Sports

Performing the various Aasanas of Yoga by the Principal Dr. R. D. Darekar and all the teaching non-teaching staff of the College.











Department of Physical Education and Sports

Sports events and women's empowerment and security in conjunction with International

Women's Day

Report

Maratha Vidya Prasarak Samaj Sanstha's Karmaveer Raosaheb Thorat College of Arts and Commerce, Vani organized sports competitions and lectures in the colleges under the Department of Physical Education and Sports on the occasion of International Women's Day. In accordance with this occasion, a competition for female students was held in the college on 28 March 2023. Cricket, shot put, discus throw, javelin throw, 100 m run, 200 m run, etc. competitions were held in these competitions. Students of FY, SY, TY BA and B Com and BSc participated in large numbers. A cricket match was held for the students of B.Com. This cricket tournament was inaugurated by the Vice Principal of the college Professor Dr. Y. M. Salunke. Director of Physical Prof. Ravindra Chavan, Dr. S. S. Prasad and Prof. Prakash Rokde were present at the time. The competition was started by greeting the girls. However, F. Y. B. A. The cricket team became runners-up. After that, discus throw, shot put, javelin throw and 100 meters running were conducted among girls. Jadhav Archana got first rank, Pratiksha Chavan got second rank, Shital Dugje got third rank in the discus throw competition. Then in the javelin throw the first place was won by Dipali Hinde. Jadhav Archana second place and Kad Vaishnavi third place, apart from this, in 100 meter running Hinde Dipali and Jadhav Archana got first place, Chavan Deepika and Gaikwad Rekha got second place. Chavan Harshali and Chavan Pratiksha secured the third position. Also, Hindi Dipali got the first rank in the throwball competition, Jadhav Archana got the second rank. Similarly, on 29th March 2023, a lecture was organized on the topic of women empowerment and security. The program was presided over by the principal of the college Dr. R.N. Bhavare. Hon. Mrs. Darshana Suryavanshi, Naib Tehsildar of Dindori was the chief guide of this program. There were 47 students presented in this programme.

In his introductory session Dr. Y. M. Salunke shared his few words on the participation of female students. He said that it is an important part of them to create security for women as well as to awaken their psychology through responsibility and to create confidence in them due to modern change factors. Accordingly, the increasing participation of women in today's changing education system and the correspondingly increasing responsibilities of empowering them is very important part. The major lecturers are organized to guide how women can be empowered in our colleges. First of all Mrs. Honorable Darshana Suryavanshi Naib Tehsildar, said that it is necessary for college students and women in the society to build their own responsibility, duty and decision-making ability with confidence. We can achieve success by advancing in our favourite field and while achieving success we should also focus on our safety. She also expressed that women should take the initiative towards productive and developmental trends. On this occasion, she gave detailed information about MPSC / UPSC various competitive exams for women. On this occasion, she referred to the women who have worked at high level in different

fields. Women should take an initiative in different industries in modern conditions. Women are not weak; they should remove the concept of child and health and should take an initiative in front of the society. She expressed the opinion that good attitude should be given attention.

On this occasion of International Women's Day, Prof. Ashwini Deshmukh, Director of Physical Education, Soygaon College, guided the students on safety and self-defence with a demonstration on Friday 31/03/2023. In this session, she gave information to the students about anatomy and highlighted the things that women can use to protect themselves. She also did some self-defense demonstrations from the girls and taught them about martial arts and how they should use it to protect themselves in their lives. To do all this, she asked the girls in college to be fit, for that exercise should be done daily. She expressed the opinion that attention should be given to diet and how to empower oneself through the new education system. There were 49 students presented in this programme. Dr.R.N. Bhavare and Vice Principal Dr. Y.M. Salunke guided them and at that time they expressed the view that female students should become competent and responsible. In order to enable the empowerment of women, the trend of the society and social change is very important.

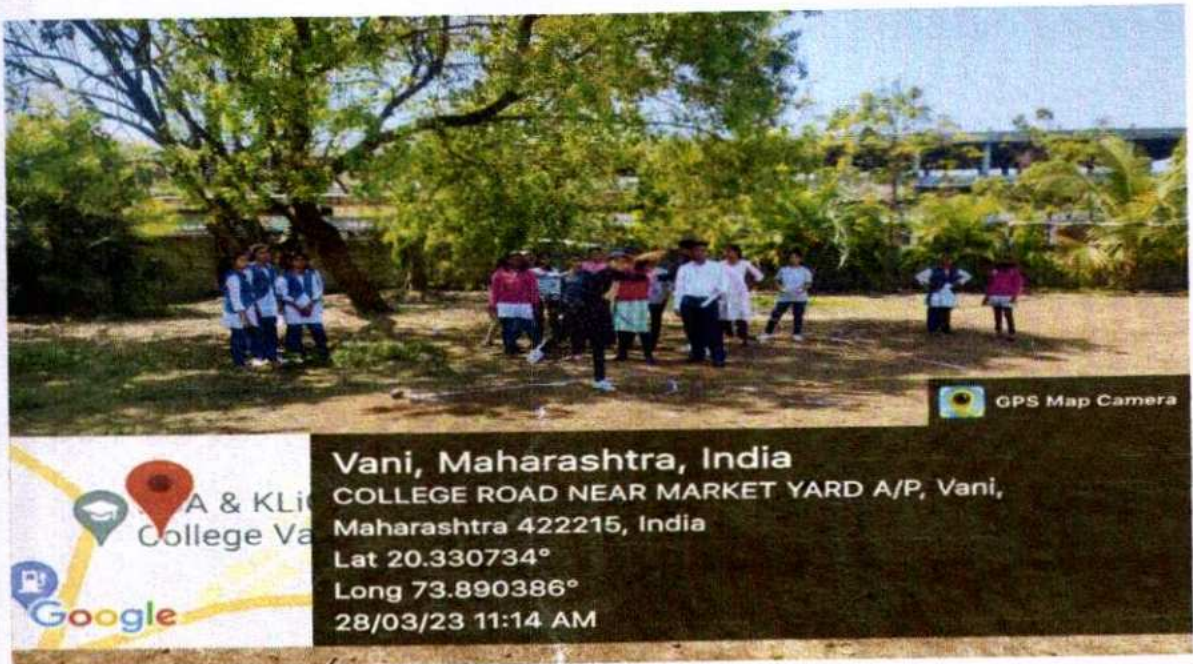



Dr. Ravindra Chavan



Women's Day Program Nayab Tahashildar Darshana Suryawanshi



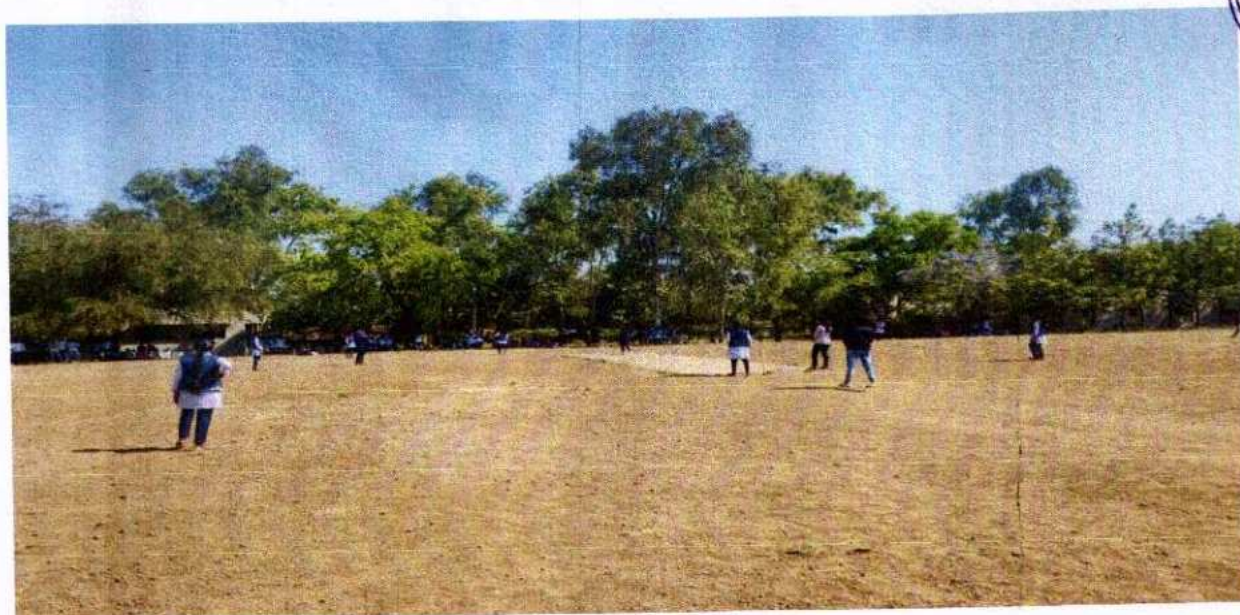




Women's Day Program For "महिला संबलिकरण"







Women's Day Participations Team
Cricket Match

Maratha Vidya Prasarak Samaj
KRT College of Arts, Commerce and Science
Vani, Ta-dindori, Ji-Nashik.



Physical Education and Sports Department Report 2022-23

It gives me great pleasure to present the report of the Department of Physical Education and Sports for the academic year 2022-23. The student becomes self-sufficient by developing various talents through sports. The physical education and sports department of the college always strives to inculcate interest in sports in the college students and ensure their physical and mental health is good. Keeping this point of view in mind, various outdoor competitions are organized at the college level under the department. Apart from this, various sports teams are sent from the college for inter-college competition.

International Yoga Day was celebrated on June 21, 2022. On this occasion, Dr. R.D. Darekar, Principal of the college gave guidance about yoga and explained its importance. Sports department, National Service Scheme and college professors, non-teaching staff, including students total 38 were participated in yoga programme. The Nashik District Divisional Inter College Chess Tournament Boys/Girls Tournament was organized on 29th and 30th September 2022 in the college. A total of 115 boys and 41 girls from various 41 colleges of Nashik division participated in this competition. Dr. R.D. Darekar, Principal of the college, presided over the program.

The All India Inter University Yogasana (Boys & Girls) Competition was held on May 26 to 29, 2023 at KIT University Bhubaneswar in which Savitribai Phule Pune University won the silver medal and the National Khelo India Yogasana (Boys and Girls) Competition on 1 June 3, 2023 SACIT Banaras Hindu University Varanasi was held at Varanasi, Savitribai Phule Pune University won the gold medal. The team consisted of Nitin Pavle, Siddharth Davre and Kunal Lande of Vani College. All participants were guided by Prof. Ravindra Chavan. He was selected by the University Sports Board.

In order to maintain good health and physical fitness of the students in the college, all the students of the first year arts, commerce and science classes, heart strength, flexibility, physical education and sports department organized cricket, discus throw, shot put, javelin throw, 100m running competitions. In the cricket competition, S.Y. B. Com. Class team winners, tests of muscle strength and muscular endurance (12 minute walk/run). It was conducted in the college on 8th to 10th May 2023. There were 141 students presented in physical fitness test. At the same time, Prof. Suresh Ingle guided the students about the above tests and the value of physical education. Also physical education and sports guided the students on physical and mental health in personal life. All the students wrote reports (projects) on different outdoor sports in the academic year 2022-23. They were scored accordingly.

On the occasion of International Women's Day a lecture was organized on 29th March 2023 on Women Empowerment and Security by Hon. Mrs. Darshana Suryavanshi Naib Tehsildar Dindori. Also on 31st March 2023 Professor Ashwini Deshmukh Director of Physical Education, Soygaon College guided the students on safety and self defense with a demonstration. Various competitions were organized for the students on the occasion of Women's Day in the college, the FYBA team came runner-up in the cricket competition. There were total 96 students presented this programme.


1) Discus Throw - Jadhav Archana 1st place, Pratiksha Chavan 2nd place, Sheetal Dugje 3rd place.
2) Javelin throw - Dipali Hinde 1st position, Jadhav Archana 2nd position, Kad Vaishnavi 3rd position

3) 100m Run - Hinde Dipali and Jadhav Archana got first position, Chavan Deepika and Gaekwad Rekha got second position. Chavan Harshali and Chavan Pratiksha secured the third position.

4) Round throw – Gaikwad Rekha first rank, Hinde Dipali second rank, Jadhav Archana third rank
Prof. All students. It got a good response from the students.

In the academic year, physical education and sports department of M.V.P. Director of Society Mr. Pravinnan got valuable guidance from Jadhav Saheb. Also, Dr. R. N. Bhavare, Principal, Vice Principal Dr. Y. M. Salunke, professors and non-professor staffs got valuable support. The sports and physical education department is always thankful to all the supporting team.




Dr. Ravindra Chavan

Organization of Inter college Chess Tournament 2022-23

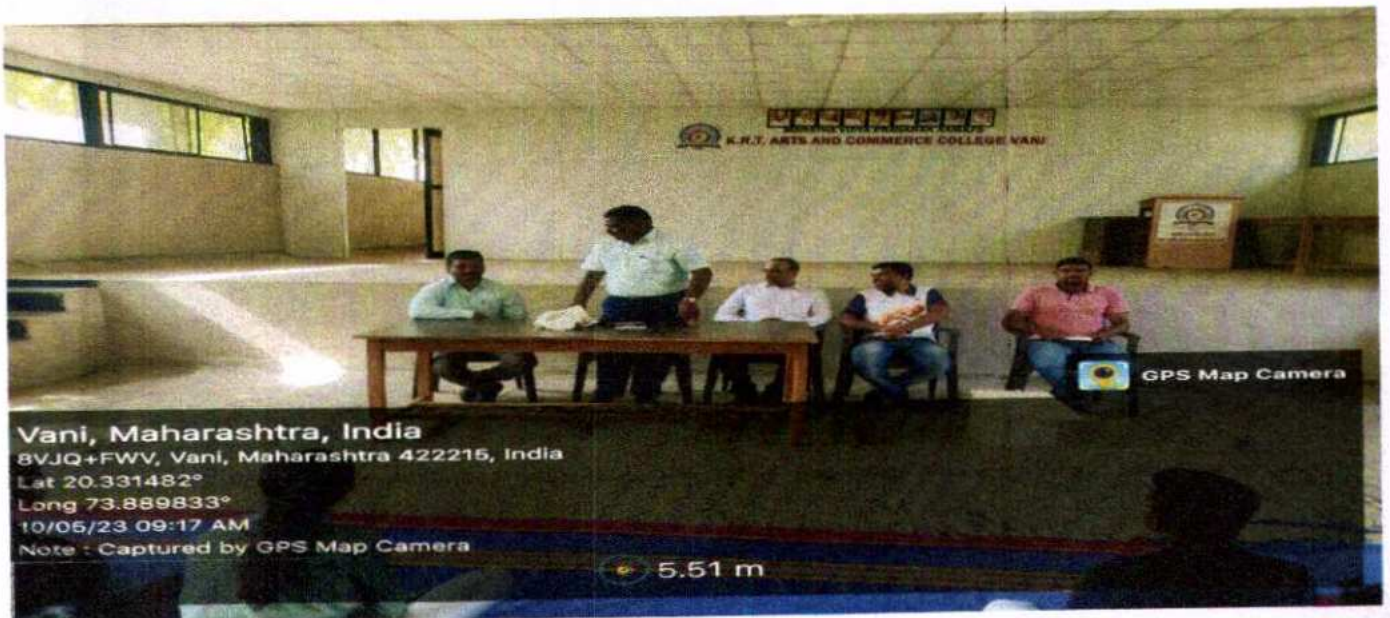




Various programs and sports competitions on the occasion of Women's Day

2022-23





Gold Medal winning players and Teams in Khelo India



Silver medal winning players and teams in Inter University Yogasana
Competition





Various sports Participations Team

Various sports Participations Team



Maratha Vidya Prasarak Samaj
KRT College of Arts, Commerce and Science

Vani, Tal-dindori, Dist-Nashik.

Department of Physical Education and Sports

Sports Scholarship Report 2022-23

As per the approval of Savitribai Phule Pune University Management Council, the sports scholarship is awarded every year to the players of various teams who secure first, second, third position in All India Inter University and Khelo India Tournament. The scholarship is provided to students to develop the best skill in the game and as a Support then overcome economical difficulties.

In the academic year 2022-23 the students of Department of physical education and sports have been announced sports scholarship of Savitribai Phule Pune University Pune. The list of students is as follows

Sr. No	Name of Students	Class	Competition Level	Position
1	Pawle Nitin Tanaji	F.Y.B.A	National Khelo India Yogasana (Boys)	Gold medal
2	Davre Siddharth Madhukar	F.Y.B.A	National Khelo India Yogasana (Boys)	Gold medal
3	Lande Kunal Vitthal	F.Y.B.A	National Khelo India Yogasana (Boys)	Gold medal

The above students are awarded this Scholarship Containing 17000/- rupees by Savitribai Phule Pune University Pune. M.V.P. Samaj's General Secretary Hon. Adv. Nitin Thakare Director of Dindori Taluka Hon. Pravinnana Jadhav, Education officer Dr. N. K. Jadhav, Principal of the college Dr. R. N. Bhavare, Vice Principal Dr. Y. M. Salunke, professors and non-professor staff members congratulated the students.




Dr. R. R. Chavan

Director of Physical Education and Sports
Director of Phy. Education & Sports

K.R.T. Art's & Comm. College
Vani, Tal. Dindori, Dist. Nashik
Pin - 422 215



Maratha Vidya Prasarak Samaj's
K. R. T. Arts and Commerce
College, Vani



Dr. R. N. BHAVARE
M.Sc., Ph.D.
Principal

3rd Cycle

Vani, Tal. Dindori, Dist. Nashik - 422 215 (M.S.) India, Office Phone: 02557-220180, 220144

▪ Affiliated to Savitribai Phule Pune University [ID No. PU/NS/AC/020(1972)]

▪ Jr Coll. Index No. J 13.02.007 ▪ AISHE Code: C-42033 ▪ Email ID : mvpvanicollege@gmail.com

Outward No: 446/2023-24

Date: 22/5/2023

प्रति,

मा.संचालक साहेब,
क्रीडा व शारीरिक शिक्षण मंडळ
सावित्रीबाई फुले पुणे विद्यापीठ,
पुणे-७

विषय:- विजेत्या खेळाडूना देण्यात येणाऱ्या क्रीडा शिष्यवृत्ती बाबत

संदर्भ: विक्रीमं/क्रीडा शिष्यवृत्ती/ ६६२०-२१, दि ७ ऑगस्ट २०२३..

महोदय,

उपरोक्त विषयान्वये आपल्या सावित्रीबाई फुले पुणे विद्यापीठामार्फत विविध खेळ प्रकारात विशेष नैपुण्य प्राप्त करणाऱ्या विद्यार्थ्यांना क्रीडा शिष्यवृत्ती देण्यात येते. त्यामध्ये या महाविद्यालयाच्या ०३ विद्यार्थ्यांचा समावेश असून सदर शिष्यवृत्तीसाठी आवश्यक असलेले कागदपत्र सोबत जोडून पाठवीत आहोत.

अनु. क्रमांक	विद्यार्थी खेळाडूचे नाव
१७३	पवळे नितीन तानाजी
१७४	डावरे सिद्धार्थ मधुकर
१७५	लांडे कुणाल विठ्ठल

कृपया स्वीकार व्हावा, हि विनंती.

मैं.कळावे.



डॉ. आर. एन. भवरे

प्राचार्य

क.आर.टी.कला व वाणिज्य महाविद्यालय
दणी, जि. नाशिक

सोबत - १) Sports Prize Award Form.

२) Bank Information Proforma.



171	Aushikar Kartik Suresh	MVPS's Arts, Commerce & Science College, Nandgaon, Nashik	Korfball (Mixed)	5000
172	Bachhav Komal Bhaginath	MVPS's Arts, Commerce & Science College, Nandgaon, Nashik	Korfball (Mixed)	5000
173	Pawale Nitin Tanaji	MVPS's, Karmaveer Raosaheb Thorat Arts & Commerce College, Vani, Dist. Nashik	Yoga (Men)	17000
174	Davare Siddharth Madhukar	MVPS's, Karmaveer Raosaheb Thorat Arts & Commerce College, Vani, Dist. Nashik	Yoga (Men)	17000
175	Lande Kunal Vitthal	MVPS's, Karmaveer Raosaheb Thorat Arts & Commerce College, Vani, Dist. Nashik	Yoga (Men)	17000
176	Narke Meghna Rakesh	Ness Wadia Commerce College, Pune	Shooting (Women) 25 Mtr.	12000
177	Wakure Swaraj Dattaji	Ness Wadia Commerce College, Pune	Roll Ball (Men)	10000
178	Mishra Manisha Kamallesh	New Arts, Commerce & Science College, Ahmednagar	Kho-Kho (Women)	5000
179	Goray Varidhi Amit	Nowrosjee Wadia College, Pune	Shooting (Women) 25 Mtr.	12000
180	Gupta Adheep Yogesh	Panchavati College of Management & Computer Science, Panchavati, Nashik	Badminton (Men)	17000
181	Wagh Suyog Sanjay	Pemraj Sarda College, Ahmednagar	Chess (Men)	7000
182	Pathan Avej Raju	Pemraj Sarda College, Ahmednagar	Kho-Kho (Men)	5000
183	Lagad Arti Nilesh	Pemraj Sarda College, Ahmednagar	Kho-Kho (Women)	5000
184	Dasari Ashwini Sanjay	Pemraj Sarda College, Ahmednagar	Mallakhamb (Women)	14000
185	Gandhi Dishan Kishor	Pemraj Sarda College, Ahmednagar	Korfball (Mixed)	5000
186	Jagtap Arya Ramesh	Pimpri Chinchwad College of Engineering, Nigdi, Pune	Basketball (Women)	5000
187	Shelke Sankarsha Gangadhar	Pimpri Chinchwad College of Engineering, Nigdi, Pune	Chess (Men)	7000
188	Saptashwa Tanaya Shashank	Pimpri Chinchwad College of Engineering, Nigdi, Pune	Mallakhamb (Women)	14000
189	Katkade Narendra Rameshwar	PMT's Arts, Commerce & Science College, Shevgaon, Dist. Ahmednagar	Kho-Kho (Men)	5000
190	Salunkhe Dhairyaashil Shahaji	Poona College of Arts, Commerce & Science, Pune	Weight Lifting (M) 89 Kg.	10000
191	Fuge Prathamesh Bhalchandra	Poona College of Arts, Commerce & Science, Pune	Archery (Men) Compound Round	10000
192	Shinde Esha Shashikant	Pratibha College of Commerce & Computer Studies, Chinchwad, Pune	Roll Ball (Women)	10000





(Sports Prize Award Form)

SAVITRIBAI PHULE PUNE UNIVERSITY



No. 173

Board of Sports & Physical Education

C.B.F. _____

Voucher No. _____

Payment Register Page No. _____

Cheque No. & Date : _____

Name (in full) PAWALE NITIN TANAJI (To be filled by the Student)Name of College K.R.T. Arts, Comm & Sci College Vani (in block letter beginning with surname)Amount due to me as per letter of award No. UBS/6624 dated 7/8/2023(1) Being the amount of Sports Prize Award for period from 2022 to 2023.

Total

Rs.	P.
17000	00
17000	00

Address for correspondence : _____

TO BE RECEIPTED ADVANCE

Received of Rs. _____

(Signature of the Student)

Date : _____

(To be filled by the College Authority)

This is certify that Shri./Smt. PAWALE NITIN TANAJI is regular student of this college and that his/her progress in college sports & studies is satisfactory. He/She is studying in F.Y.B.A. class in the academic year 2022-2023.

Date : _____

(To be filled by the Sports Department)

CERTIFICATE

This is to certify that Shri./Smt. _____ is eligible to receive the Sports Prize Award of Rs. _____ for the academic year _____ and the said Prize Award be paid to him/her.

Date : _____

Place : _____

Director, Board of Sports & Physical Education

(For University Office only)

Budget Head _____

Passed for Payment for Rs. _____

(Rs. _____)

A.S.O./S.O.

D.F.O./A.

F.A.O.

- Note :
1. Claimants are requested to forward the bill from duly filled in and completed in all respect, STAMPED AND SIGNED IN ADVANCED, through the college.
 2. Sports Prize Award not claimed within 12 months from the date of their becoming due shall lapse to their respective funds.
 3. Attach the attested copy of AIU-Merit Certificate/Krida Mahostav (Ashwamedh) Merit Certificate.
 4. Must affix Revenue Stamp more than Rs. 5000/- duly signed.



सुभा अल

ड. सी. एस. / एस. ड. एस. टी. द्वारा प्रदान कृत्यासादीना तथ्यांक

१. खेळइवे गव व पत्ता

२. खेळइवे बंक खाते ज्या गवे

आहे ते गव

३. संपर्क क. निंबा प्रमाणवती क्रमांक

४. ईमेल आयडी (E-Mail ID)

५. बंकेचे गव (Name of Bank)

६. बंक शाखेचे गव, पूर्ण पत्ता व फोन

७. बंक खाते क्र. (Bank A/c No.)

८. बंक खाते प्रकार (Type of A/c)

९. बंक शाखेचा संकेतांक (Bank Code)

१०. एम. आय. सी. आर. नं. (MICR No.)

११. आय. एस. एस. सी. संकेतांक (IFSC Code)

पुढील निधीत नमोदित
F17, शांतिनंदी अर्धन निधी, बाबरीपुर्
पुढील निधीत नमोदित

10063445549

nithinpowale@gmail.com

शांतिनंदी अर्धन निधी

पुढील निधीत नमोदित

गो २४३२४१

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८०४३

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582N00070४३

खेळइवेची स्वाक्षरी

२४६३३

प्रमाणित करण्यात येते की, वरील माहिती मी तपासन पाहिली असून ती बरोबर/योग्य आहे

बंकेचे प्रमाणपत्र

दिनांक:



क.आय.टी.कला व तंत्रिका महाविद्यालय
वशी, वि. नगरीक

शाखाप्रमुख मंडी व शिबका

२४६३३

२४६३३



(Sports Prize Award Form)

SAVITRIBAI PHULE PUNE UNIVERSITY



No. 174

Board of Sports & Physical Education

C.B.F. _____

Voucher No. _____

Payment Register Page No. _____

Cheque No. & Date : _____

Name (in full) DAVARE SIDDHARTH MADHUKAR (To be filled by the Student)Name of College K.R.T. Arts, Comm. & Sci College Vani (in block letter beginning with surname)Amount due to me as per letter of award No. UBS/6621 dated 7/8/2023(1) Being the amount of Sports Prize Award for period from 2022 to 2023

Total

Rs.	P.
17000	00
17000	00

Address for correspondence : _____

TO BE RECEIPTED ADVANCE

Payment received

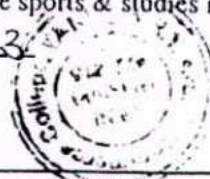


(Signature of the Student)

Date : _____

(To be filled by the College Authority)

This is certify that Shri./Smt. DAVARE SIDDHARTH MADHUKAR is regular student of this college and that his/her progress in college sports & studies is satisfactory. He/She is studying in F.Y.B.A. class in the academic year 2022-23.



PRINCIPAL

K.R.T. Arts & Commerce College VANI, Nashik

Date : _____

Seal

(To be filled by the Sports Department)

CERTIFICATE

This is to certify that Shri./Smt. _____ is eligible to receive the Sports Prize Award of Rs. _____ for the academic year _____ and the said Prize Award be paid to him/her.

Date : _____

Place : _____

Director, Board of Sports & Physical Education

(For University Office only)

Budget Head _____

Passed for Payment for Rs.

(Rs. _____)

A.S.O./S.O.

D.F.O./A.

F.A.O.

- Note :
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 3. Attach the attested copy of AIU-Merit Certificate/Krida Mahostav (Ashwamedh) Merit Certificate.
 4. Must affix Revenue Stamp more than Rs. 5000/- duly signed.



नमुना अर्ज

इ. सी. एस./एन. इ. एफ. टी. द्वारे प्रदाने प्राप्त करण्यासाठीचा तपशील

१. खेळाडूचे नाव व पत्ता : दावरे सिद्धार्थ मधुकर
पानभक्ता सि 6015 रोड 939/9 फ्लो 30.
२. खेळाडूचे बँक खाते ज्या नावे आहे ते नाव : दावरे सिद्धार्थ मधुकर
३. संपर्क क्र. किंवा भ्रमणध्वनी क्रमांक : ९०२९४८५०५२.
४. इमेल आयडी (E-Mail ID) : siddharthdaware924@gmail.com
५. बँकेचे नाव (Name of Bank) : सारस्वत बँक
६. बँक शाखेचे नाव, पूर्ण पत्ता व फोन : सारस्वत बँक, नारायण पेठ
फ्लो
७. बँक खाते क्र. (Bank A/c No) : ०४५२०९१०००००२४९
८. बँक खाते प्रकार (Type of A/c) : सेव्हिंग
९. बँक शाखेचा संकेतांक (Bank Code) :
१०. एम. आय. सी. आर. नं. (MICR No.) : ५९९०८८०९६
११. आय.एफ.एस.सी. संकेतांक (IFSC Code) : SRCB000000४२

Siddharth
खेळाडूची स्वाक्षरी

बँकेचे प्रमाणपत्र

प्रमाणित करण्यात येते की, वरील माहिती मी तपासून पाहिली असून ती बरोबर/योग्य आहे.

दिनांक:



शाखाप्रमुख सुदी व शिक्का

क. आर. टी. कला व वाणिज्य महाविद्यालय
वर्ण, जि. नाशिक

SAVITRIBAI PHULE PUNE UNIVERSITY



Board of Sports & Physical Education

C.B.F. _____

Voucher No. _____

Payment Register Page No. _____

Cheque No. & Date : _____

Name (in full) LANDE KUNAL VITTHAL (To be filled by the Student)

Name of College K.R.T. Arts, Comm & Sci College Vani (in block letter beginning with surname)

Amount due to me as per letter of award No. VB5/6621 dated 7/8/2023

(1) Being the amount of Sports Prize Award for period from 2022 to 2023

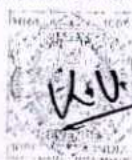
Total

Rs.	P.
17000	00
17000	00

Address for correspondence : _____

TO BE RECEIPTED ADVANCE

Payment received



K.V. Laily
(Signature of the Student)

Date : _____

(To be filled by the College Authority)
This is certify that Shri./Smt. LANDE KUNAL VITTHAL is regular student of this college and that his/her progress in college sports & studies is satisfactory. He/She is studying in B.A. class in the academic year 2022-23

Date : _____

Seal



Principal
K.R.T. Arts & Commerce College
VANI, Tal. Vani, Dist. Nashik

(To be filled by the Sports Department)

CERTIFICATE

This is to certify that Shri./Smt. _____ is eligible to receive the Sports Prize Award of Rs. _____ for the academic year _____ and the said Prize Award be paid to him/her.

Date : _____

Place : _____

Director, Board of Sports & Physical Education

(For University Office only)

Budget Head _____

Passed for Payment for Rs. _____

(Rs. _____)

A.S.O./S.O.

D.F.O./I.A.

F.A.O.

- Note :
1. Claimants are requested to forward the bill from duly filled in and completed in all respect, STAMPED AND SIGNED IN ADVANCED, through the college.
 2. Sports Prize Award not claimed within 12 months from the date of their becoming due shall lapse to their respective funds.
 3. Attach the attested copy of AIU-Merit Certificate/Krida Mahostav (Ashwamedh) Merit Certificate.
 4. Must affix Revenue Stamp more than Rs. 5000/- duly signed.



नमुना अर्ज

इ. सी. एस./एन. इ. एफ. टी. द्वारे प्रदाने प्राप्त करण्यासाठीचा तपशील

१. खेळाडूचे नाव व पत्ता : कुनाल विठ्ठल लांडे
तैकुंठ स्मशान भुमी नवी पेठ पुणे ३०
२. खेळाडूचे बँक खाते ज्या नावे आहे ते नाव : कुनाल विठ्ठल लांडे
३. संपर्क क्र. किंवा भ्रमणध्वनी क्रमांक : ७८२२९७७४०७.
४. ईमेल आयडी (E-Mail ID) : klande7822@gmail.com
५. बँकेचे नाव (Name of Bank) : बँक ऑफ महाराष्ट्र
६. बँक शाखेचे नाव, पूर्ण पत्ता व फोन : बँक ऑफ महाराष्ट्र, नवी पेठ (३०२)
योगचंद्र नॉर्फ ७२०/१६, १०५ नवी पेठ
साखळी मार्ग पुणे ४११००४
६८०१८६३४०४६
७. बँक खाते क्र. (Bank A/c No.) : रेसकिंग
८. बँक खाते प्रकार (Type of A/c) : ४११०१४०३१
९. बँक शाखेचा संकेतांक (Bank Code) : MAHB0000102
१०. एम. आय. सी. आर. नं. (MICR No.)
११. आय.एफ.एस.सी. संकेतांक (IFSC Code)

K.V. Lankar
खेळाडूची स्वाक्षरी

बँकेचे प्रमाणपत्र

प्रमाणित करण्यात येते की, वरील माहिती मी तपासून पाहिली असून ती बरोबर/योग्य आहे

दिनांक:



शाखाप्रमुख सही व शिक्का
प्राचार्य
क.आर.टी.कला व वाणिज्य महाविद्यालय
वणी, जि. नाशिक

Activities/Programmes/Schemes/Courses organized/conducted during the academic year 2022-23**Department of PHYSICAL EDUCATION**

Sr. No.	Activities/Programmes/Schemes/Courses organized/conducted (Physical/Online Mode)	Date & Duration (Days)	Number of Participants/Beneficiaries
1	WORLD YOGA DAY	21 JUN 2022	38
2	Organized Inter Collegiate Chess Competition (M/W)	29/09/2022	41 college Participated 115(M) & 41 (W)
3	Physical Fitness Test (FYBA,BCOM,BSC)	8/05/2023 to 10/05/2023	141 students Participation
4	Women's Day (8/03/2023) Darshana suryvnshi (Nayab Tahasildar Dindori)---Women Empowerment	29/03/2023	47 Participated
5	Prof. Ashwini Deshmukh (Director of Physical Education)— Women Safety Organized Cricket,100mts Runing,Shot-put Throw,Javelin Throw,Discus Throw	31/03/2023	49 Participated



Pr. Phorvan
Dr. R. R. Chavhan

Department of Physical Education and Sports

International Yoga Day Report 2022-23

Maratha Vidya Prasarak Samaj's Karmaveer Raosaheb Thorat Arts and Commerce College jointly with the National Service Scheme and Physical Education Sports Department celebrated 21st June 2022 as International Yoga Day. At this time, the principal of the college, Dr. R. D. Darekar introduced the importance of yoga. In today's stressful life, exercise is essential for staying physically and mentally fit. He opined that yoga is useful for all round physical, mental and intellectual development. On this occasion, Director of Physical Education and Sports Ravindra Chavan demonstrated Yogasanas. The first prayers were mainly Vajrasana, Tadasana, Trikonasana, Padmahastasana, Bhujangasana, Vrikshasana, Vakrasana, Makarasana, Shavasana Suryanamaskar, Pranayama, Dhyana Sankalp Prarthana. Demonstrated Yogasana. The importance of this program was demonstrated by the Central Government and State Government, Ministry of Sports and National Service Scheme under the Common Yoga Protocol from 14 May 2022 to 21 June 2022 with demonstrations of various yogasanas and guidance to the students. On this occasion, National Service Scheme Program Officer Dr. S. S. Prasad thanked for the event. At this time, Vice Principal Dr. Y. M. Salunke D. D. Walke, S.B. Gaikwad, all senior and junior college professors, non-teaching staff and students were present (38 Total) on the occasion.



Prof. R. R. Chavan

Director of Physical Education and Sports

Department of PHYSICAL EDUCATION
Participation during the academic year 2022-23

ALL INDIA INTER UNIVERSITY YOGASAN MEN COMPITITION

Sr. No.	NAME		Date & Duration (Days)	VENUE
1	PAVALE NITIN TANAJI	SILVER MEDAL	26 To 29 DEC	KIIT UNIVERSITY BHUVANESHWAR ORISA
2	DAVARE SHIDHARTH MADHUKAR	SILVER MEDAL	26 To 29 DEC	KIIT UNIVERSITY BHUVANESHWAR ORISA
3	LANDE KUNAL VITTHAL	SILVER MEDAL	26 To 29 DEC	KIIT UNIVERSITY BHUVANESHWAR ORISA

3rd KHELO INDIA INTER UNIVERSITY YOGASAN MEN COMPITITION

Sr. No.	NAME		Date & Duration (Days)	VENUE
1	PAVALE NITIN TANAJI	GOLD MEDAL	01 to 03 Jun 2023	KIIT UNIVERSITY BHUVANESHWAR ORISA
2	DAVARE SHIDHARTH MADHUKAR	GOLD MEDAL	01 to 03 Jun 2023	KIIT UNIVERSITY BHUVANESHWAR ORISA
3	LANDE KUNAL VITTHAL	GOLD MEDAL	01 to 03 Jun 2023	KIIT UNIVERSITY BHUVANESHWAR ORISA



Rehman
Dr. R. R. Chaudhary

सावित्रीबाई फुले पुणे विद्यापीठ
(पूर्वीचे पुणे विद्यापीठ)



क्रीडा व शारीरिक शिक्षण मंडळ

आयुकाजवळ, गणेशखिंड, पुणे - ४११ ००७.

दूरध्वनी क्र. ०२०-२५६२२६६४, २५६२२६६६ ईमेल directorsports@unipune.ac.in

संदर्भ: विक्रीम/६.२७/५८८७

दिनांक: २० डिसेंबर २०२२

—:सुधारित पत्र:—

प्रति,
मा. प्राचार्य,
संबंधित महाविद्यालये.

विषय: अखिल भारतीय आंतर विद्यापीठ योगा (मुले व मुली) स्पर्धा २०२२-२३ निवडीबाबत.

स.न.वि.वि.

नुकत्याच झालेल्या आंतर विभागीय योगा (मुले व मुली) स्पर्धेमधून आपल्या महाविद्यालयातील खेळाडूंच्या नावांची शिफारस निवड समितीने केलेली आहे, हे कळविण्यास आनंद होत आहे.

अ. क्र. विद्यार्थ्याचे नाव महाविद्यालयाचे नाव

मुले

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|----------------------|-------------------------------------------------------|
| ✓ १. पवळे नितीन | के. आर. टी. कला व वाणिज्य महाविद्यालय, वणी, जि. नाशिक |
| ✓ २. डावरे सिध्दार्थ | के. आर. टी. कला व वाणिज्य महाविद्यालय, वणी, जि. नाशिक |
| ३. कोरडे वैष्णव | संगमनेर नगरपालिका महाविद्यालय, संगमनेर, जि. अहमदनगर |
| ✓ ४. लांडे कुणाल | के. आर. टी. कला व वाणिज्य महाविद्यालय, वणी, जि. नाशिक |
| ५. विष्णु चक्रवर्ती | संगमनेर नगरपालिका महाविद्यालय, संगमनेर, जि. अहमदनगर |
| ६. सोलंकी दिपांशु | संगमनेर नगरपालिका महाविद्यालय, संगमनेर, जि. अहमदनगर |

मुली

- | | |
|----------------------|-----------------------------------------------------------------------|
| १. कंधारे श्रेया | राजमाता जिजाऊ कला, वाणिज्य व विज्ञान महाविद्यालय, भोसरी |
| २. महाले समिक्षा | एटीएसएस कॉलेज ऑफ बिझनेस स्टडीज अँड कॉम्प्युटर अप्लीकेशन, चिंचवड, पुणे |
| ३. ढमढेरे ज्योत्स्ना | मराठवाडा मित्र मंडळाचे वाणिज्य महाविद्यालय, पुणे |
| ४. देशमुख प्रगती | ग्लोबल इन्स्टिट्यूट ऑफ मॅनेजमेंट, संगमनेर, अहमदनगर |
| ५. साईनकर गौरी | आबासाहेब गरवारे महाविद्यालय, पुणे |
| ६. केळकर सानिका | मराठवाडा मित्र मंडळाचे अभियांत्रिकी महाविद्यालय, पुणे |

563411

(कृपया मागे पहा)

अखिल भारतीय आंतर विद्यापीठ स्पर्धेचा कार्यक्रम खालीलप्रमाणे:



१. स्पर्धेचे स्थळ : के.आय.आय.टी. विद्यापीठ, भुवनेश्वर
२. स्पर्धेचा दिनांक : दि. २६ ते २९ डिसेंबर, २०२२.
३. संघ रिपोर्ट दिनांक : दि. २९ डिसेंबर, २०२२, दु. १२.३० वा.
४. सराव दिनांक : दि. २९ व २२ डिसेंबर, २०२२.
५. संघ पुण्याहून रवाना : दि. २२ डिसेंबर, २०२२.
६. महत्वाची सूचना : १. खेळाडूंनी रिपोर्टिंगवेळी आधारकार्ड प्रत आणणे आवश्यक आहे.
२. Annex I आणि II (Specimen) खेळाडूंनी रिपोर्टिंगवेळी आणणे आवश्यक आहे.

सूचना:

१. आयकार्डसाठी फोटो आणणे आवश्यक. (रिव्हेन्यु स्टॅम्प साईज) (Revenue Stamp Size)
२. वैयक्तिक औषधे (असल्यास) बरोबर आणणे आवश्यक आहे / तंदुरुस्तीवाचक प्रमाणपत्र आवश्यक.
३. स्पर्धेसाठी उपलब्ध आहे किंवा कसे याविषयी त्वरित या कार्यालयास प्रत्यक्ष भेटून याबाबत दूरध्वनी, पत्राने कळविणे आवश्यक आहे, त्यानुसार रेल्वेचे आरक्षण करणे सोयीचे जाईल. खेळाडू उपलब्ध नसल्यास मा. प्राचार्यांमार्फत त्वरित पत्राने खुलासा करणे आवश्यक आहे. अन्यथा पुढील वर्षासाठी सदरच्या खेळाडूंचा विचार केला जाणार नाही.
४. मा. प्राचार्यांनी सदरचे पत्र आपल्या महाविद्यालयातील शा. शि. संचालकांच्या त्वरित निदर्शनास आणून पुढील योग्य ती कार्यवाही करण्यास सांगावे.
५. वर उल्लेखिलेले सराव शिबीर सर्वांसाठी सक्तीचे आहे.
६. गॅप असलेल्या खेळाडूंनी सदर गॅप सर्टिफिकेट इंग्रजीमध्ये करून रिपोर्टचे वेळी सादर करावे.
७. प्रत्येक खेळाडूने येताना वैद्यकीय दाखला (Medical Certificate) (एम. बी. बी. एस. डॉक्टरांचे) बरोबर आणणे बंधनकारक राहील.

कृपया वरील सर्व सूचना खेळाडूंना देवून सहकार्य करावे, ही विनंती.

धन्यवाद! सहकार्याची अपेक्षा!

आपला,

563411

संचालक,

क्रीडा व शारीरिक शिक्षण मंडळ

सावित्रीबाई फुले पुणे विद्यापीठ
(पूर्वीचे पुणे विद्यापीठ)



क्रीडा व शारीरिक शिक्षण मंडळ

आयुष्याजवळ, गणेशखिंड, पुणे - ४११ ००७

दूरध्वनी क्र. ०२०-२५६२२६६४, २५६२२६६६ ईमेल directorsports@unipune.ac.in

संदर्भ: विक्रीम/६.२७/६४८८

दिनांक: ११ मे, २०२३

प्रति,
मा. प्राचार्य,
संबंधित महाविद्यालये.

विषय: ३ री खेलो इंडिया विद्यापीठ स्पर्धा-२०२२ योगा (मुले व मुली) संघ निवडीबाबत.

स.न.वि.वि.

नुकत्याच झालेल्या अखिल भारतीय आंतर विद्यापीठ योगा (मुले व मुली) स्पर्धेमधून आपल्या महाविद्यालयातील खालील खेळाडूंची खेळो इंडिया विद्यापीठ स्पर्धा-२०२२ करिता निवड झाली आहे. हे कळविण्यास आनंद होत आहे.

अ. क्र. विद्यार्थ्याचे नाव महाविद्यालयाचे नाव

- | | |
|---------------------|-------------------------------------------------------|
| १. पवळे नितिन | के. आर. टी. कला व वाणिज्य महाविद्यालय, वणी, जि. नाशिक |
| २. डावरे सिध्दार्थ | के. आर. टी. कला व वाणिज्य महाविद्यालय, वणी, जि. नाशिक |
| ३. कोरडे वैष्णव | संगमनेर नगरपालिका महाविद्यालय, संगमनेर, जि. अहमदनगर |
| ४. लांडे कुणाल | के. आर. टी. कला व वाणिज्य महाविद्यालय, वणी, जि. नाशिक |
| ५. विष्णु चक्रवर्ती | संगमनेर नगरपालिका महाविद्यालय, संगमनेर, जि. अहमदनगर |
| ६. सोलंकी दिपांशु | संगमनेर नगरपालिका महाविद्यालय, संगमनेर, जि. अहमदनगर |

खेलो इंडिया विद्यापीठ स्पर्धेचा कार्यक्रम खालीलप्रमाणे:

- | | |
|------------------------|-----------------------------------------------|
| १. स्पर्धेचे स्थळ | : एसएसी आयआयटी बनारस हिंदू विद्यापीठ, वाराणसी |
| २. स्पर्धेचा दिनांक | : दि. ०१ ते ०३ जून, २०२३. |
| ३. संघ रिपोर्ट दिनांक | : दि. २७ मे, २०२३, दु. १२.३० वा. |
| ४. सराव दिनांक | : दि. २७ मे, २०२३. |
| ५. संघ पुण्याहून रवाना | : दि. २८ मे, २०२३. |

(कृपया मागे पहा)

Shamir



६. महत्वाची सूचना : १. खेळाडूंनी रिपोर्टिंगवेळी आधारकार्ड प्रत आणणे आवश्यक आहे.
२. Annex I आणि II (Specimen) खेळाडूंनी रिपोर्टिंगवेळी आणणे आवश्यक आहे.
३. सर्व खेळाडूंनी स्पर्धेला जातेवेळी क्रीडा व शारीरिक शिक्षण मंडळाकडून आपणांस देण्यात आलेले किट व ट्रॅकसूट घेऊन तयार बंधनकारक आहे.

सूचना:

१. आयकार्डसाठी फोटो आणणे आवश्यक. (रिव्हेन्यु स्टॅम्प साईज) (Revenue Stamp Size)
२. वैयक्तिक औषधे (असल्यास) बरोबर आणणे आवश्यक आहे / तंदुरुस्तीबाबतचे वैद्यकीय प्रमाणपत्र आवश्यक.
३. स्पर्धेसाठी उपलब्ध आहे किंवा कसे याविषयी त्वरित या कार्यालयास प्रत्यक्ष भेटून अथवा दूरध्वनी, पत्राने कळविणे आवश्यक आहे, त्यानुसार रेल्वेचे आरक्षण करणे सोयीचे जाईल. खेळाडू उपलब्ध नसल्यास मा. प्राचार्यांमार्फत त्वरित पत्राने खुलासा करणे आवश्यक आहे. अन्यथा पुढील वर्षासाठी सदरच्या खेळाडूंचा विचार केला जाणार नाही.
४. मा. प्राचार्यांनी सदरचे पत्र आपल्या महाविद्यालयातील शा. शि. संचालकांच्या त्वरित निदर्शनास आणून पुढील योग्य ती कार्यवाही करण्यास सांगावे.
५. वर उल्लेखिलेले सराव शिबीर सर्वांसाठी सक्तीचे आहे.
६. गॅप असलेल्या खेळाडूंनी सदर गॅप सर्टिफिकेट इंग्रजीमध्ये करून रिपोर्टचे वेळी सादर करावे.
७. प्रत्येक खेळाडूने येताना वैद्यकीय दाखला (Medical Certificate) (एम. बी. बी. एस. डॉक्टरांचे) बरोबर आणणे बंधनकारक राहील. कृपया वरील सर्व सूचना खेळाडूंना देवून सहकार्य करावे, ही विनंती. धन्यवाद! सहकार्याची अपेक्षा!

आपला,

S. H. M. N.

संचालक,

क्रीडा व शारीरिक शिक्षण मंडळ